



Technology and Humanity:

What the Digital World is Doing to Our Souls

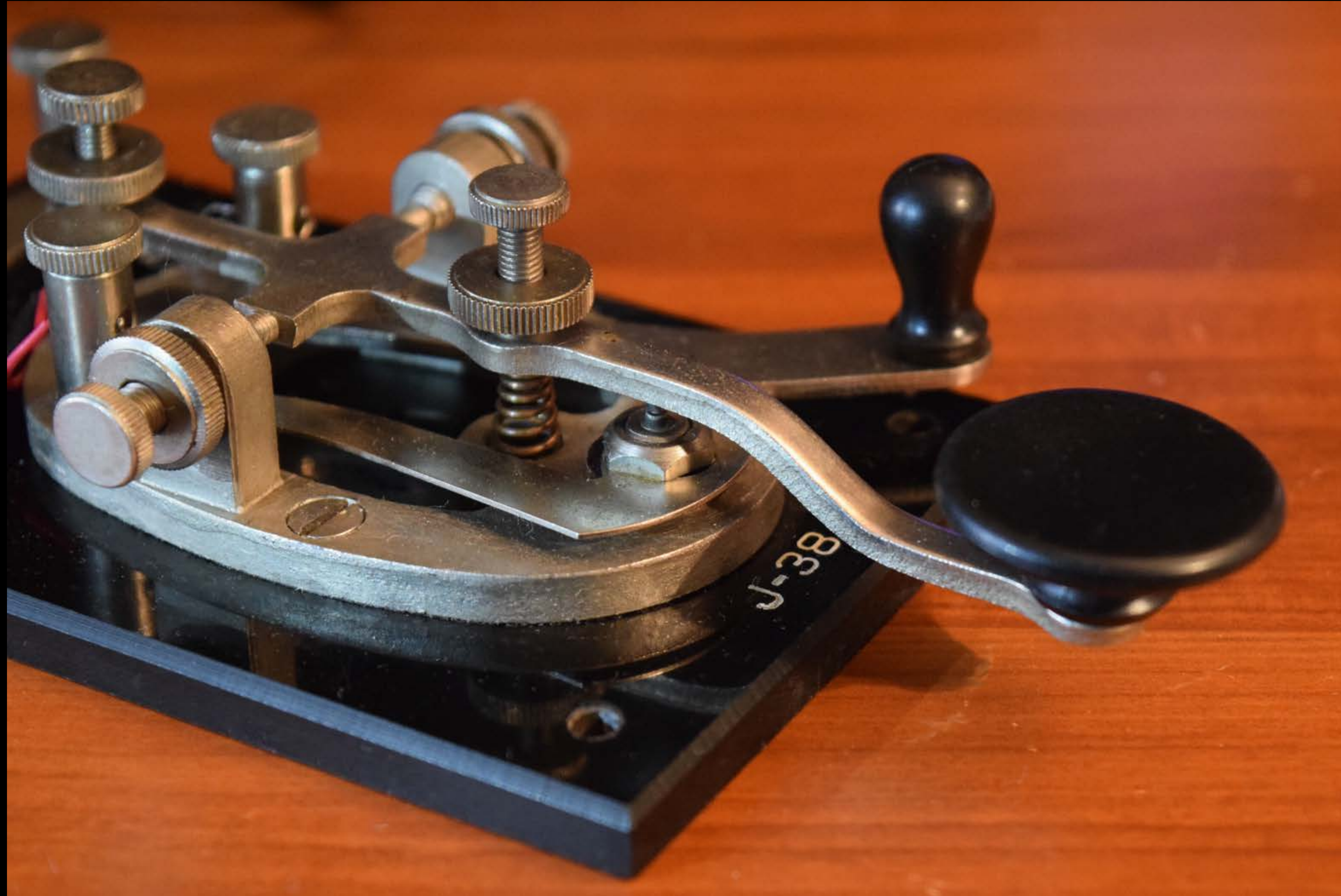
Andy Bannister

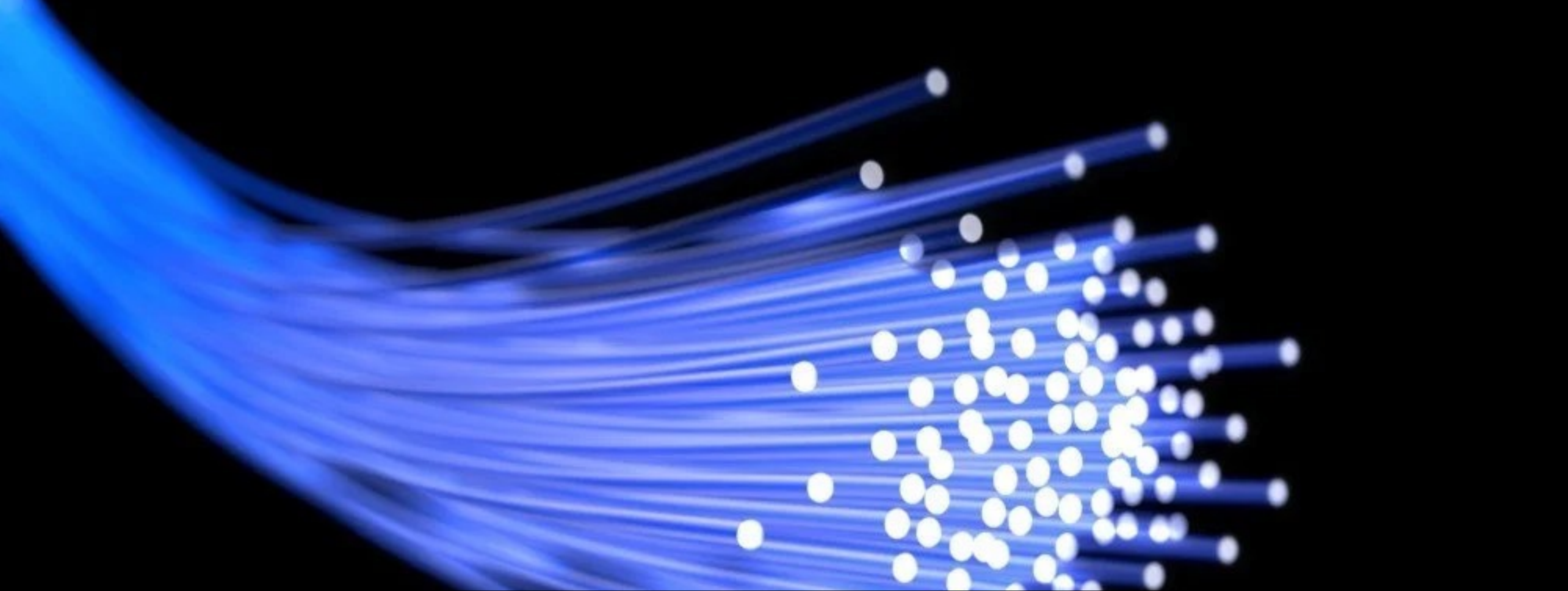


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Jean-Antoine Nollet
1700-1770





Technology, especially communications
technology, changes culture



The average person spends a third of their waking time on their phone of which three hours is social networking



25%

of students report they
feel lonely “all the time”

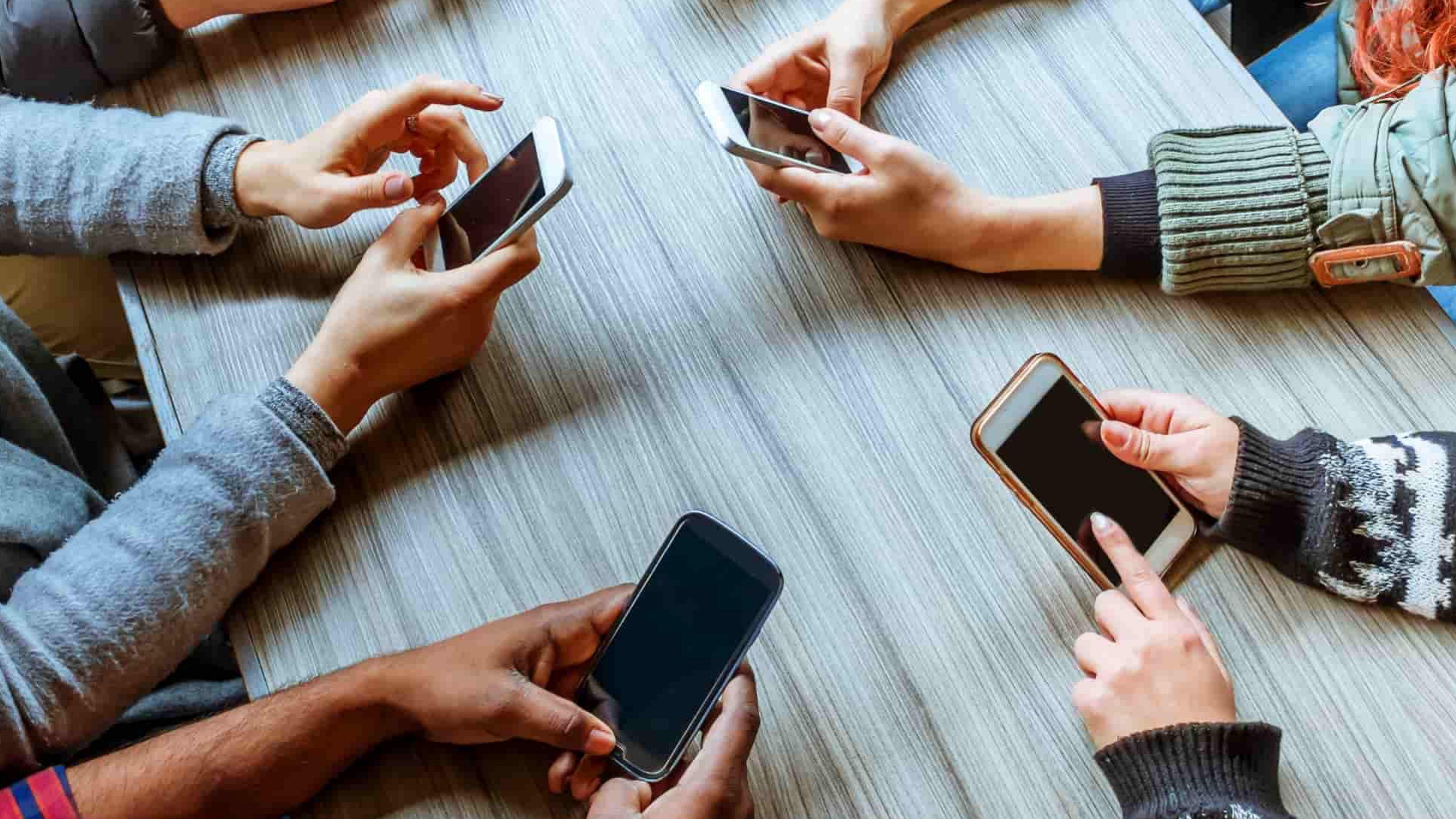
60%

are lonely “at
least once a week”



20%

of all adults say they
struggle with loneliness





Jonathan Haidt
Social Psychologist

“My generation is incredibly isolated. We have shallow friendships and superfluous romantic relationships that are mediated and governed to a large degree by social media. There is hardly a sense of community on campus and it’s not hard to see why. Often I’ll arrive early to a lecture to find a room of 30+ students sitting together in complete silence, absorbed in their smartphones, afraid to speak and be heard by their peers. This leads to further isolation and a weakening of self-identity and confidence, something I know because I’ve experienced it.”

Canadian University Student

NEW YORK TIMES BESTSELLER

RECLAIMING CONVERSATION

THE POWER OF TALK
IN A DIGITAL AGE



"A singular voice in the discourse about technology."

—Jonathan Franzen, *The New York Times Book Review*

SHERRY TURKLE

AUTHOR OF *ALONE TOGETHER*

We say we turn to our phones when we're 'bored'. And we often find ourselves bored because we have become accustomed to a constant feed of connection, information, and entertainment ... There is now a word in the dictionary called 'phubbing'. It means maintaining eye contact while texting. My students tell me they do it all the time and it's not that hard ... [All this] adds up to a flight from conversation—at least from conversation that is open-ended and spontaneous, conversation in which we play with ideas, in which we allow ourselves to be fully present and vulnerable.”

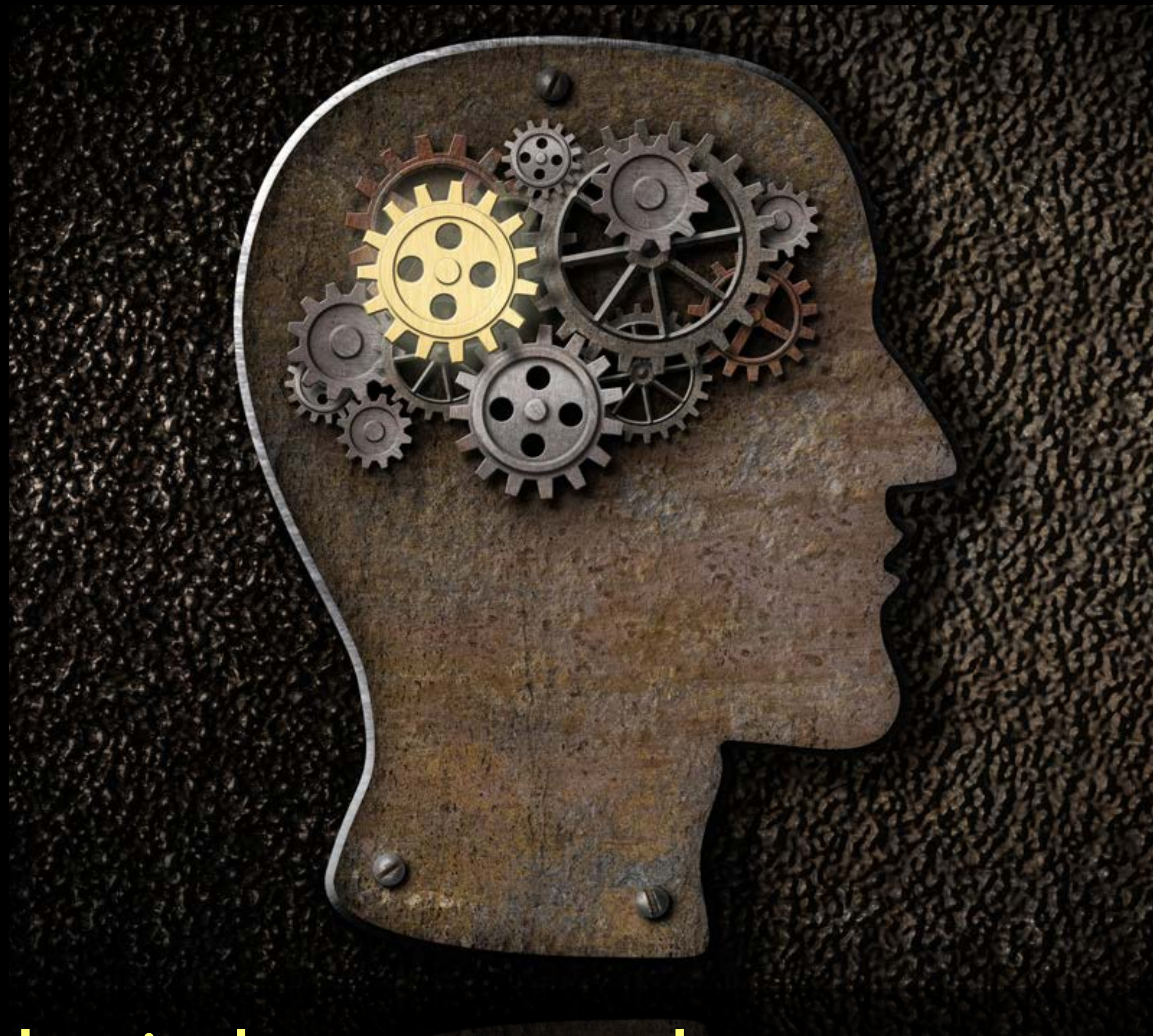


Sherry Turkle

Reclaiming Conversation: The Power of Talk in a Digital Age (New York: Penguin Press, 2015) p. 4, emphasis mine

A top-down view of a group of people sitting on a grassy field. Their hands are stacked in a circle in the center, symbolizing unity and connection. The text is overlaid on the image in a large, white, sans-serif font.

Have you ever
wondered why we
long for connection in
the first place?



“The brain happens to be a meat machine.”

- Marvin Lee Minsky

Scientist & Artificial Intelligence Pioneer, MIT





NEW YORK TIMES BESTSELLER

hamlet's
BLACKBERRY



**BUILDING A GOOD LIFE
IN THE DIGITAL AGE**

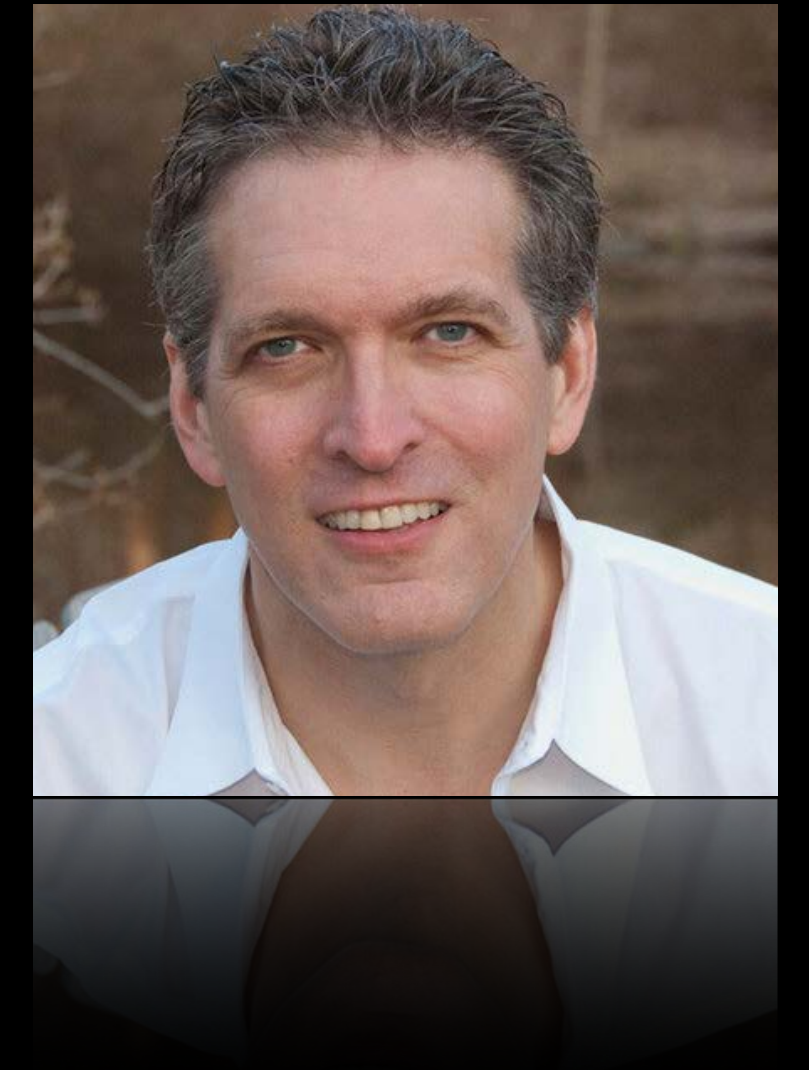


William Powers

*“An elegant meditation on our obsessive connectivity and its effect
on our brains and our very way of life.”*

—New York Times Book Review

When you start wondering about your own busyness, pretty soon you're pondering much deeper questions, such as, *Is this the kind of life I really want?* From there it's just a short hop to the big-league existential stumpers: *Why are we here? And Whom am I?*



William Powers

Hamlet's Blackberry: Building a Good Life in the Digital Age (New York: Harper Perennial, 2010) p.10

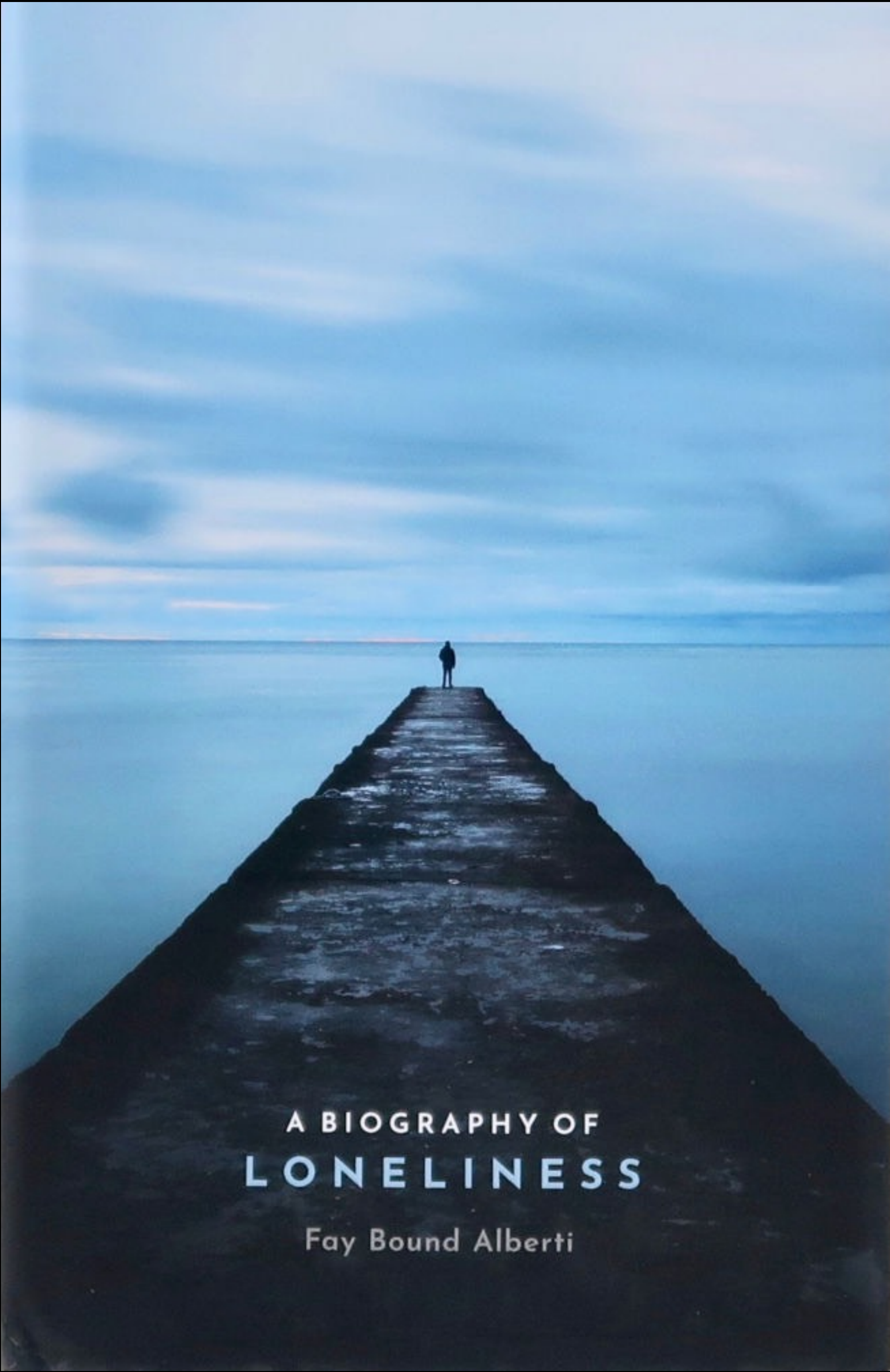
Purpose







What's the **purpose** of a human life?



A BIOGRAPHY OF
LONELINESS

Fay Bound Alberti

- God designed us for relationship and connection;



“Our hearts are restless until
they find their rest in God.”

~ St. Augustine

- God designed us for relationship and connection;

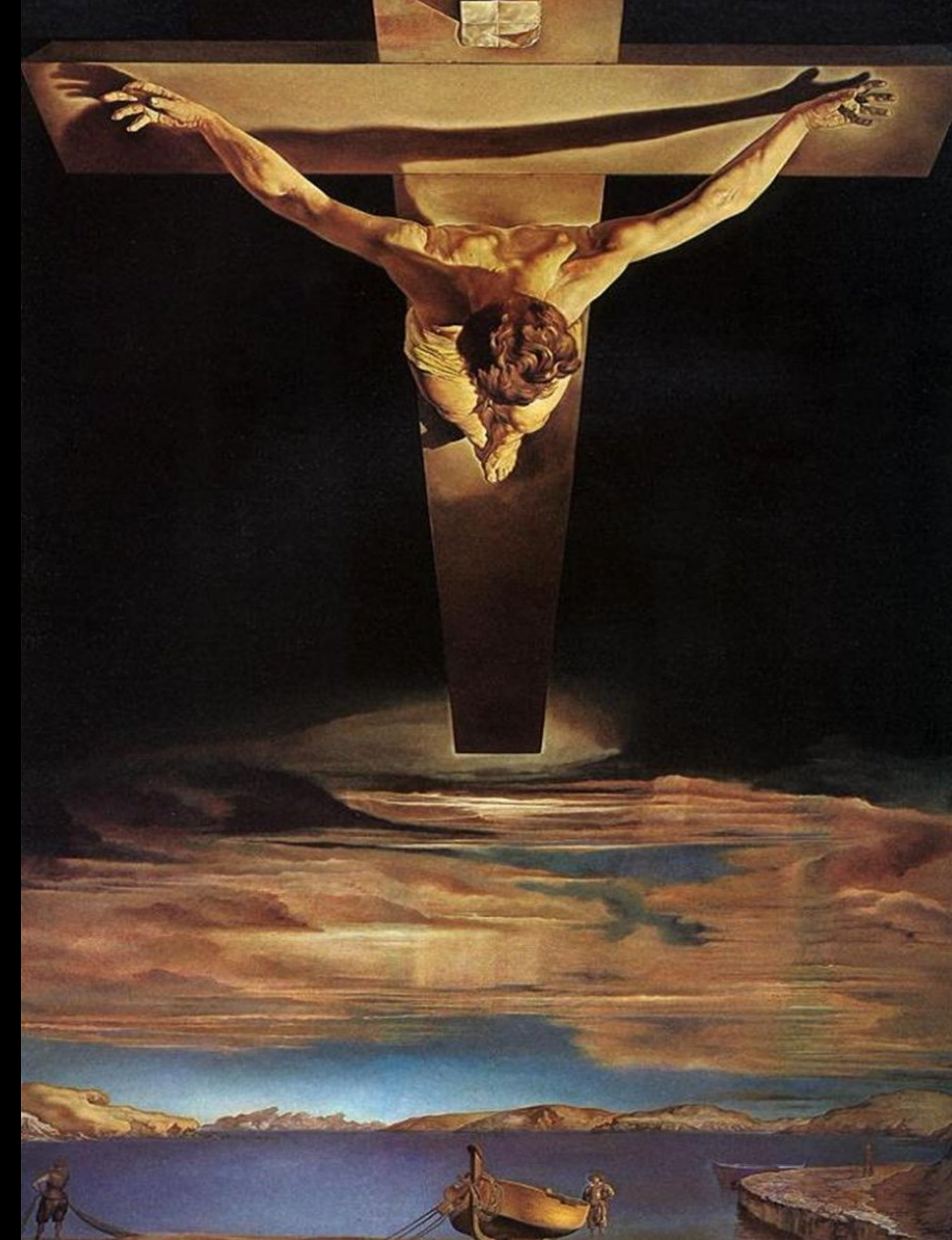
- God designed us for relationship and connection;
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- We're separated from him by our rebellion;

- God designed us for relationship and connection;
- God created us to be his children;
- We're separated from him by our rebellion;
- But God hasn't turned his back on us;

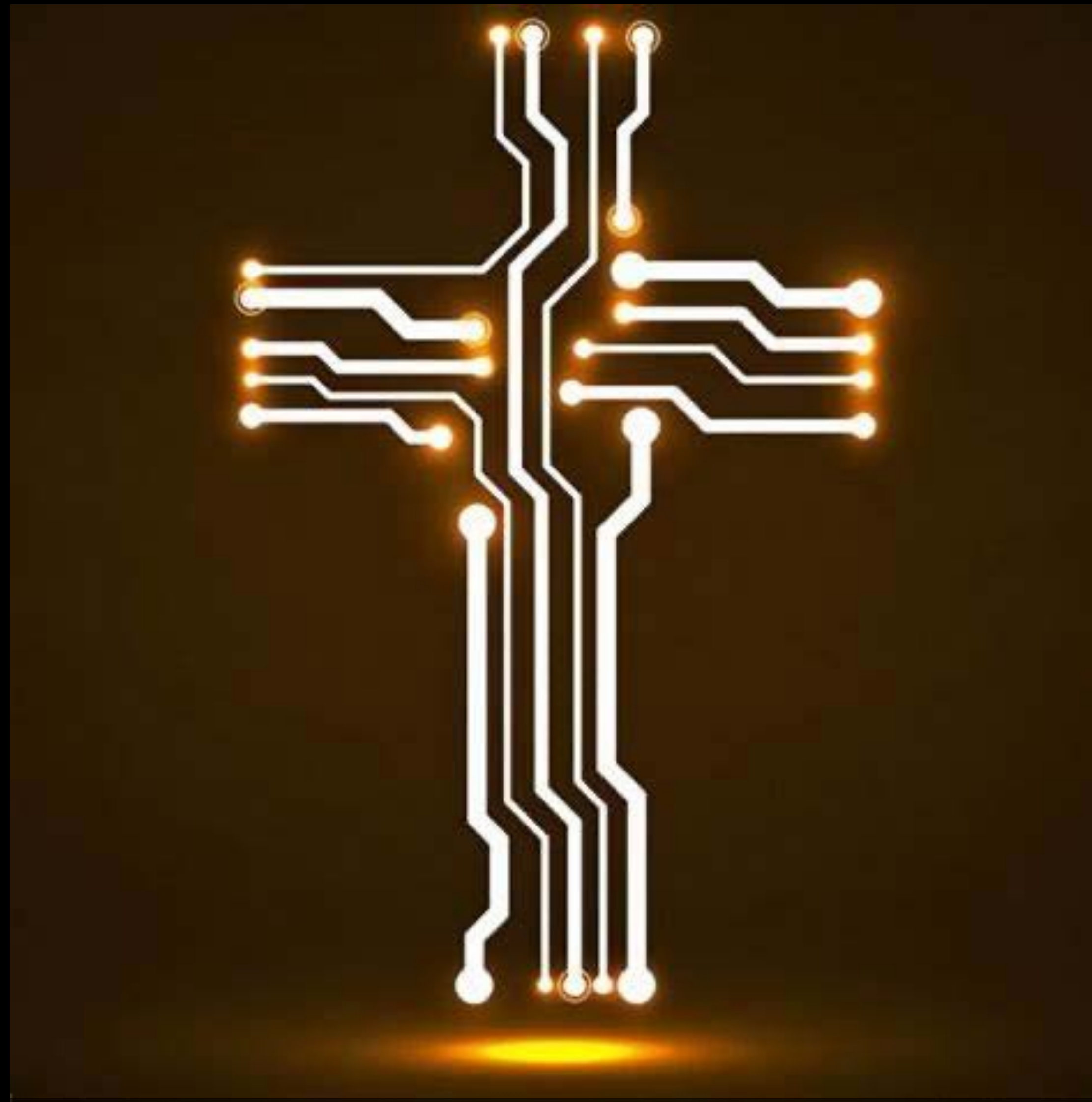
God demonstrates his own love for
us in this: While we were still
sinners, Jesus Christ died for us.

Romans 5:8



Jesus cried aloud: “My
God, my God, why have
you forsaken me?”

Mark 15:34



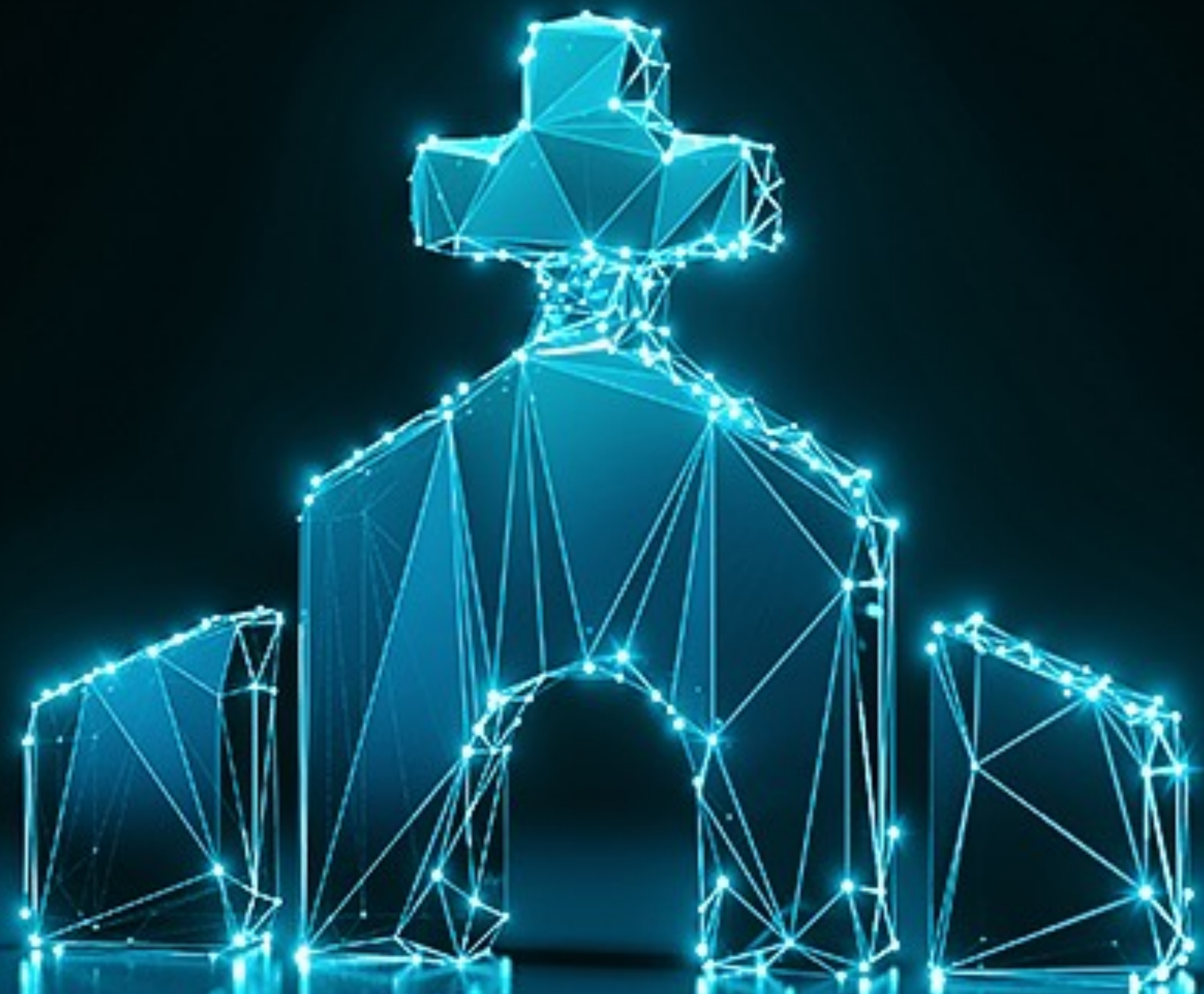
The Gospel and the Digital World

Handwritten text in a cursive script, likely a medieval manuscript. The text is densely packed and covers most of the page. There are some red ink markings, possibly initials or decorative elements, interspersed within the black text.

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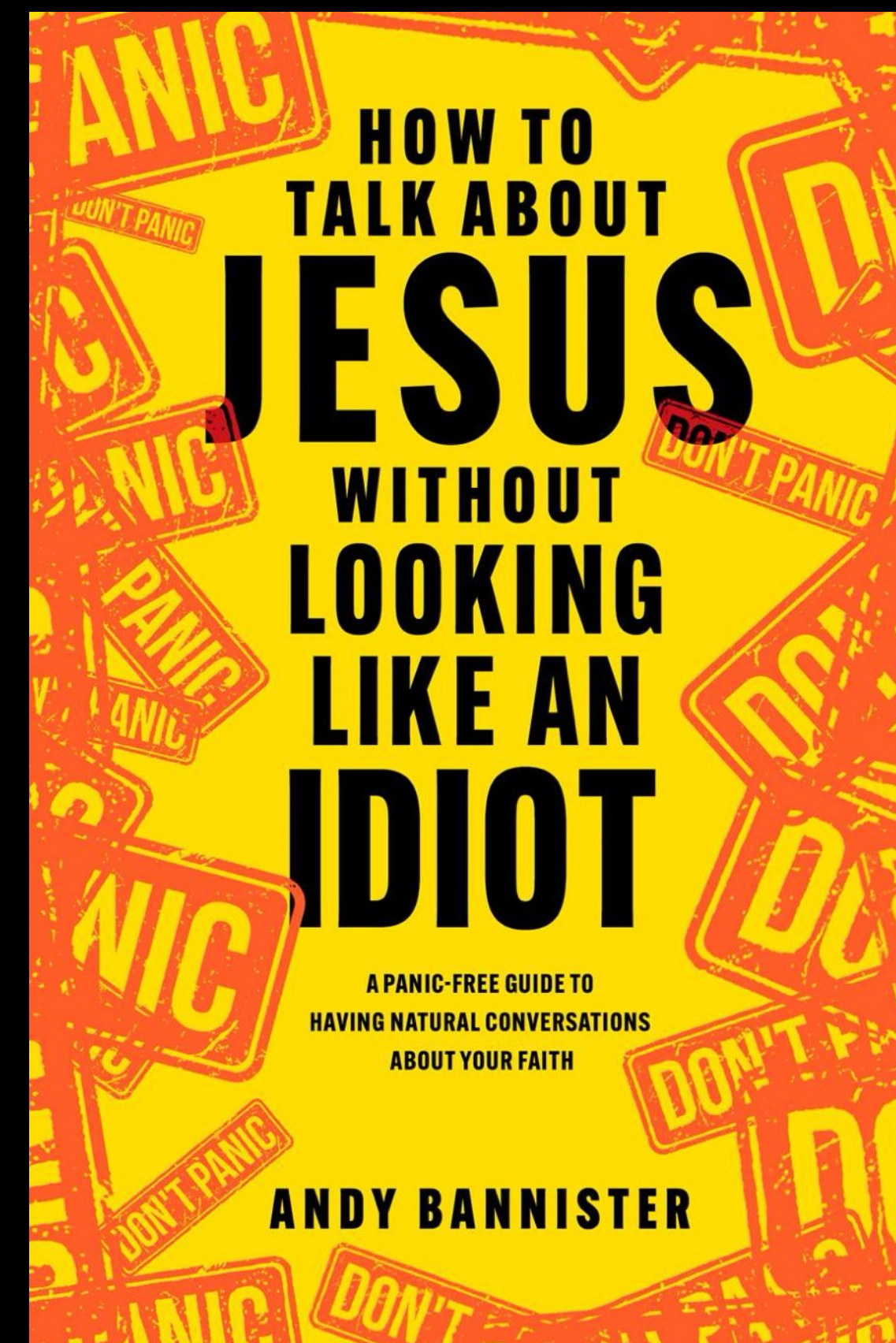
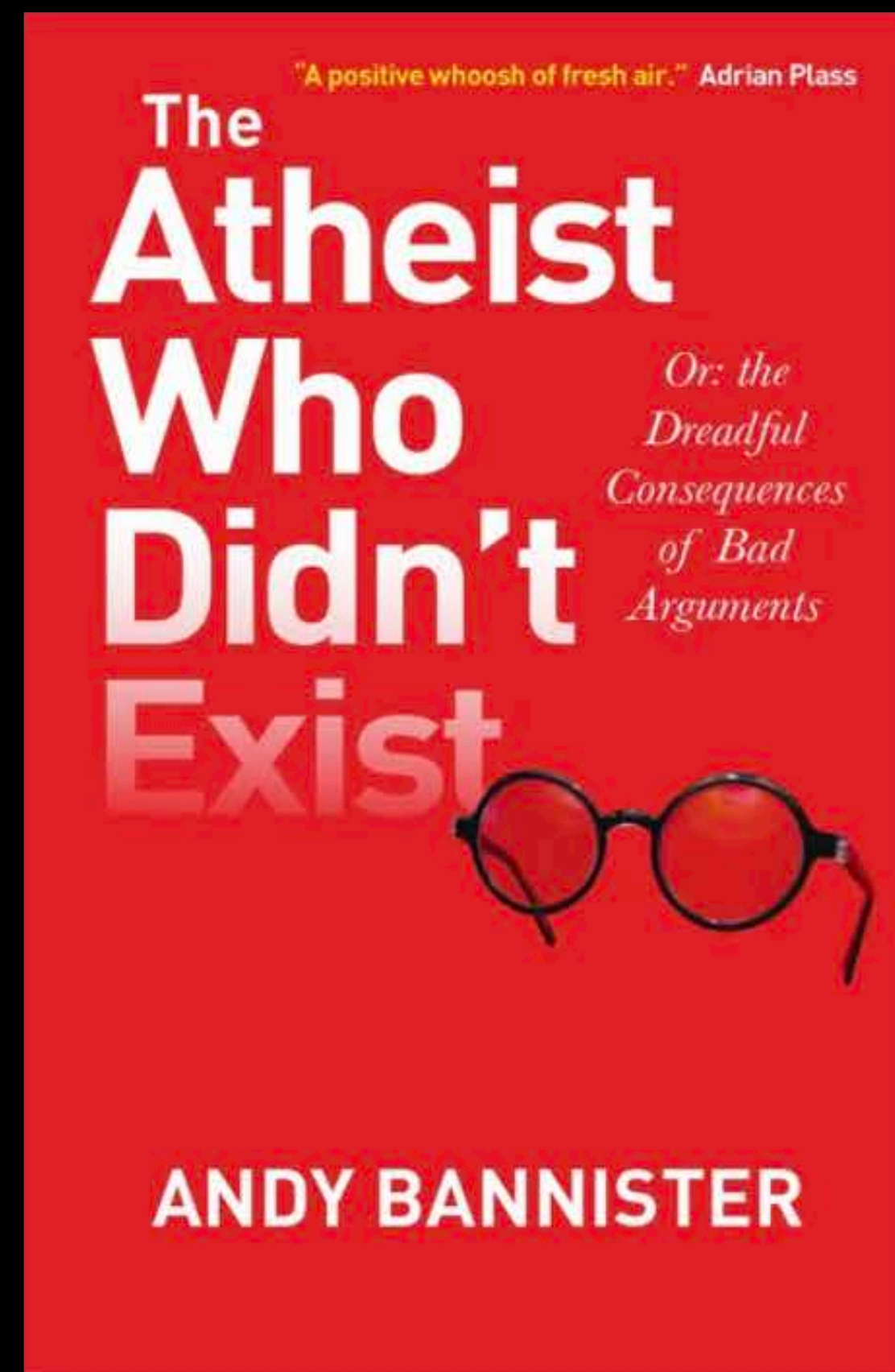
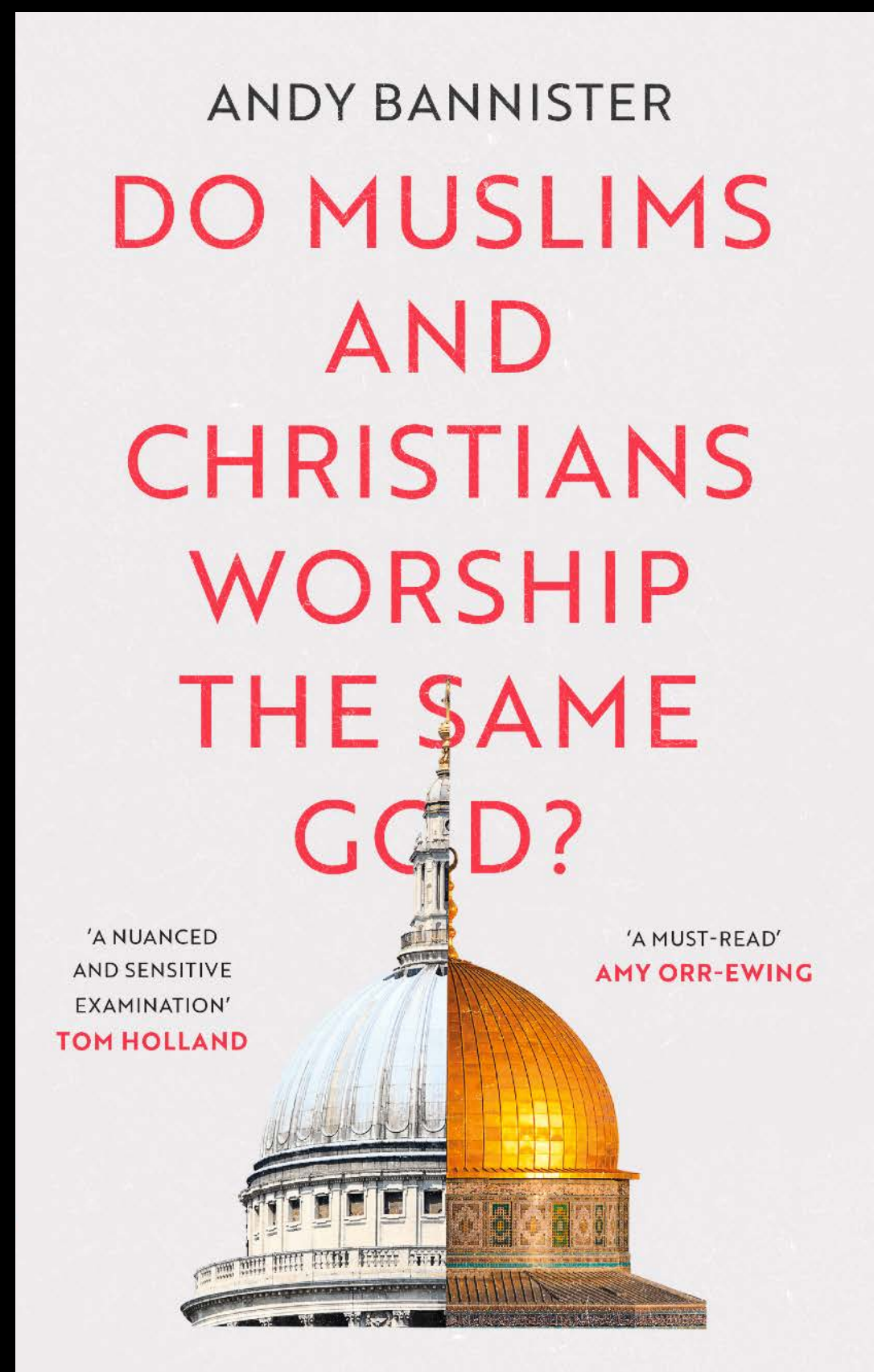






“Come to me, all you who
are weary and heavy laden,
and I will give you rest.”

Matthew 11:28



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